Using Phrasal Verbs to Describe Daily Routines

Allotted time: 10-15 minutes

**Travelling**

**Exercise 1:** These phrasal verbs all relate to travel. Try to match them to their meanings on the right:

1. drop someone off   
2. check out    
3. pick someone up     
4. set off      
5. take off    
6. check in       

   a. to tell the people at a hotel or airport that you have arrived  
   b. to take someone to a place and leave them there  
   c. to leave the ground at the beginning of a flight  
   d. to pay for your stay at a hotel and leave  
   e. to start a journey  
   f. to go and collect someone from somewhere

**Things We Do Every Day**

**Exercise 2:** These very common phrasal verbs are used to describe the type of actions that we do every day. Choose the correct form of a phrasal verb from the box to replace the underlined words in the sentences below.

   a) get up b) put on c) go out d) take off e) wake up

1. I stopped sleeping very early this morning.
2. I stop sleeping and get out of bed at 7 o’clock during the week.
3. She removed her jacket as she came in.
4. I started wearing a coat and left the house.
5. He left the house for a social activity with some friends.

**Tidying and Cleaning**

**Exercise 3:** This exercise is about phrasal verbs which describe cleaning or tidying actions. Choose an adverb or preposition from the box below to make a phrasal verb in sentences 1-5. Note that one of the prepositions/adverbs will be used twice.

   a) up b) down c) back d) away

1. The house was such a mess after the party so I helped to clear .....
2. He dried the plates and put them ........
3. Could you put the books ........ on the shelves after you have used them?
4. I’ve wiped ...... all the surfaces in the kitchen.
5. I like cooking dinner but I hate washing ...... after.
Food

**Exercise 4:** These phrasal verbs are all about food. Complete the sentences below using the correct form of a phrasal verb from the box:

- rustle up
- dish up
- tuck into
- finish off
- eat out

1. The children were all at the table waiting for me to _____.
2. I’m afraid there isn’t any cake left - we _____ it _____.
3. We had just sat down and were about to _____ our dinner when the phone rang.
4. I can probably _____ a meal with what’s left in the fridge.
5. There are some very good restaurants in the city centre if you like to _____.

Emotions

**Exercise 5:** These phrasal verbs all relate to emotions and feelings. Try to match them to their meanings on the right:

1. calm (someone) down 
2. chill out
3. cheer (someone) up
4. look forward to sth
5. wind (someone) up

   a. to feel happier
   b. an informal phrasal verb meaning to make someone upset
   c. to stop being angry, excited or upset
   d. an informal phrasal verb meaning to relax
   e. to feel pleased and excited about something that is going to happen

Money

**Exercise 6:** These phrasal verbs are all about spending and saving money. Use the correct form of a phrasal verb from the box to replace the underlined words in the sentences below:

- splash out
- save up
- fork out
- settle up
- dip into

1. I’ve just bought you a car – I’m not spending when I do not want to another thousand pounds for a holiday!
2. I may have to take a small amount of money from my savings to pay for the repairs.
3. I’m keeping my money so I can use it in the future for a trip to Australia.
4. If you pay for dinner I’ll pay you the money I owe you at the end of the evening.
5. She’s just spent a lot of money on a smart new car.
Using Phrasal Verbs to Describe Daily Routines

ANSWER SHEET

**Travelling**

1. B
2. D
3. F
4. E
5. C
6. A

**Things We Do Every Day**

1. E
2. A
3. D
4. B
5. C

**Tidy and Cleaning**

1. D
2. D or A
3. C
4. B
5. A

**Food**

1. B
2. D
3. C
4. A
5. E

**Emotions**

1. C
2. D
3. A
4. E
5. B

**Money**

1. A
2. E
3. B
4. D
5. C
Exercise 7: Take turns asking your partner the following questions:

1. What do you do at home?
2. How do you cheer up your friends or family when they are sad?
3. What are things you do when you go on vacation?
4. What are things you do in the morning?
5. What are things you or someone in your family does to tidy up each day?
6. Are you good at managing money?

Use the phrasal verbs in the worksheet and the words in the box to assist you.

Make sure you explain each answer.

**Allotted time:** 10-15 minutes

**Example:**

2. When my wife is sad, I often give her money to cheer her up. For instance, she had a terrible coffee stain on her dress which she couldn’t get rid of, so I gave her 500,000 VND to purchase a new outfit. She became so cheerful that she forgot about her ruined dress.

List the places you often go each week. Put them in order.

- Home,
- School,
Exercise 8: Describe your daily routine with your partner. Please do not write full sentences in the diagram above. You must learn how to create full sentences using only keywords to assist you.

Allotted time: 10-15 minutes

The / , / or comma is to remind you to use complex structures such as relative clauses: which, who, where, etc. Also, try to use phrasal verbs. Here is an example:

I often wake up early and tidy up my home, which is located in District 1.

Use linking or transitional words to connect your sentences.

Example:

I often wake up early and tidy up my home, which is located in District 1. Then I set off for school where I study business. In addition, I usually hang out with my friends during our lunch break. After school I head out to the park that is nearby to walk around or work out. Although this is quite a bit of work, it helps me keep fit.
Exercise 9: List all the places you would like to go before you retire. Again, only use keywords then practice with a partner. Your goal is to be able to use appropriate sentence structures, strong vocabulary, phrasal verbs, and properly link sentences together.

Allotted time: 10-15 minutes